



**Bharath Institute of Higher Education and Research
(Deemed to be University)**

Office of the Dean of Engineering,

Sree Balaji Institute of Science and Technology (SBIST),

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SBIST/SPORTS/REC/2025-26/001

Date: 01 October 2025

**OFFICE ORDER
SPORTS FACILITIES**

(Infrastructure & Student Development Compliance Document)

1. INTRODUCTION

Sree Balaji Institute of Science and Technology (SBIST) recognizes sports and physical education as integral components of holistic student development. The institution provides adequate indoor and outdoor sports facilities in compliance with:

- AICTE Infrastructure Norms
- NAAC Criterion 4 (Infrastructure & Learning Resources)
- NBA Student Support & Facilities Requirements

The sports infrastructure is designed to promote physical fitness, teamwork, leadership, and competitive spirit among students.

2. OBJECTIVES

1. Promote physical fitness and mental well-being.
2. Encourage participation in intercollegiate and university-level sports.
3. Provide structured coaching and training facilities.
4. Develop discipline, leadership, and teamwork.

3. OUTDOOR SPORTS FACILITIES

The institution provides the following outdoor facilities:

Sl. No.	Facility	Availability

1	Cricket Ground	Available
2	Football Ground	Available
3	Volleyball Court	Available
4	Basketball Court	Available
5	Athletics Track (Basic)	Available
6	Throwball Court	Available

Facilities are maintained with proper marking, lighting (where applicable), and safety measures.



4. INDOOR SPORTS FACILITIES

Sl. No.	Facility	Availability
1	Table Tennis	Available
2	Badminton (Indoor)	Available
3	Chess	Available
4	Carrom	Available
5	Gymnasium / Fitness Centre	Available

The indoor facilities are located within the campus and accessible during designated hours.

5. GYMNASIUM & FITNESS CENTRE

The institution maintains a fitness centre equipped with:

- Treadmills

- Multi-gym stations
- Dumbbells and weight training equipment
- Exercise cycles
- Yoga mats

Supervision is provided during designated hours.

6. SPORTS ADMINISTRATION

Sports Committee

Sl. No.	Designation	Role
1	Dean	Chairperson
2	Physical Education Director	Member
3	Faculty Representative	Member
4	Student Representative	Member
5	Administrative Officer	Member

The committee oversees planning, scheduling, and participation in competitions.

7. SPORTS ACTIVITIES & EVENTS

- Annual Sports Day
- Inter-department tournaments
- Participation in University-level competitions
- Yoga Day Celebrations
- Fitness awareness programs

Records of participation and achievements are maintained.

8. MAINTENANCE & SAFETY

Regular ground maintenance
 Proper lighting and fencing
 First aid kit availability
 Drinking water facility near sports area
 Safe storage of equipment

Maintenance logbook maintained by Sports Coordinator.

9. UTILIZATION SCHEDULE

Sports facilities are accessible:

- Before class hours
- After academic hours
- Weekends (as scheduled)

Usage register is maintained.

10. COMPLIANCE WITH REGULATORY NORMS

The sports infrastructure complies with:

- AICTE Infrastructure Guidelines
- NAAC Student Support Requirements
- NBA Quality Parameters
- University-level participation norms

11. DOCUMENTS TO BE MAINTAINED (AICTE / NAAC FILE)

- Sports Infrastructure List
- Photographs of Facilities
- Equipment Purchase Bills
- Maintenance Register
- Sports Committee Constitution Order
- Participation & Achievement Records

12. CONCLUSION

The Sports Facilities at SBIST provide students with adequate opportunities for physical development, competitive engagement, and overall well-being. The institution remains committed to expanding and upgrading sports infrastructure in alignment with AICTE and accreditation standards.

J. Ananthi

